

# Parkinson's Disease 101

Education for Patients and Families

If you or a loved one have been diagnosed with Parkinson's disease, you probably have many questions and concerns regarding what to expect – from potential symptoms to treatment options and side effects. Understand that you are not alone on this journey. The AdventHealth Parkinson Outreach Center is here to support you every step of the way.

Our programs are free to you and your family, as are consultations with our social workers. The goal is to equip you with tools that help you understand and manage your disease over time.



For more information, call the Parkinson Outreach Center at 407-303-5295.

[AdventHealthNeuroInstitute.com](https://www.adventhealthneuroinstitute.com)



# Learn About Parkinson's Disease

The AdventHealth Parkinson Outreach Center provides multiple courses designed to increase your understanding of Parkinson's disease and how to manage it.

## PD 101 and Tier II Programs

PD 101 is an introductory Tier I class that teaches the basics you and your family should know regarding Parkinson's disease and its treatment options. This course is offered at various locations and times throughout the year.

Additional learning opportunities are available through our Tier II programs, which provide a more in-depth educational experience. Again, these programs are geared toward the person with Parkinson's as well as their care partners and loved ones.

**For details about Parkinson's classes and to register, call the AdventHealth Parkinson Outreach Center at 407-303-5295.**

**[AdventHealthNeuroInstitute.com](http://AdventHealthNeuroInstitute.com)**



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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.