

Community Resources For Seniors

AdventHealth Neuroscience Institute | Maturing Minds Program

Information & Referrals

AdventHealth Maturing Minds Program **407-392-9237 | AHMaturingMinds.com**

The AdventHealth Maturing Minds program is dedicated to promoting lifelong brain health. It is designed to help those who have memory concerns, are looking for an evaluation for diagnosis or have received a diagnosis and are seeking next steps. Our experienced team can assist with care-plan development, ongoing care for memory loss and connections to community resources for both the patient and caregiver.

Department of Elder Affairs

850-414-2000 | <http://elderaffairs.state.fl.us>

The Department of Elder Affairs provides direct services through its Division of Statewide Community-Based Services and administers a wide range of programs including the Long-Term Care Ombudsman Program, the Office of Public and Professional Guardians, Communities for a Lifetime to SHINE (Serving Health Insurance Needs of Elders) and CARES (Comprehensive Assessment and Review for Long-Term Care Services). One of the department's highest priorities is reducing the need for many elders to be placed in nursing homes and other long-term care facilities. Ultimately, the goal is to efficiently use resources to ensure that the greatest number of elders get to spend their golden years living healthy, active and fulfilling lives in their communities.

Elder Helpline

800-96-ELDER (35337)

AgingResourceCentersOfFlorida.org

Provides information about elder services and activities in Central Florida, including Orange, Seminole, Osceola, and Brevard counties. Services range from hospice to in-home assistance to healthcare, as well as state and federal government programs.

Senior Resource Alliance (SRA)

407-514-1800 | SRAFlorida.org

Your local resource for accessing the many services and programs provided by state and federal government that are available to senior citizens, their caregivers and family members.

Silver Alert Program

http://elderaffairs.state.fl.us/doea/silver_alert

The Silver Alert Program aids law enforcement in locating seniors with Alzheimer's disease or related dementia who become lost while driving. It broadcasts information to engage the public's help in this endeavor.

Florida Veterans Affairs

727-319-7440 | FloridaVets.org

Helps Florida veterans, their families and survivors improve their health and economic wellbeing by providing quality benefits information, advocacy, education and long-term health services. Eligibility guidelines vary.

Orange County: 407-836-8990

Seminole County: 407-665-2370 or 407-665-2300

Caregiver & Support Programs

Seniors First

407-292-0177 | SeniorsFirstInc.org

Seniors First helps the elderly to maintain their independence and dignity through nutrition programs, including Meals On Wheels and Neighborhood Lunch. It also provides home improvement and support services to assist seniors in need.

Meals On Wheels, Etc.

407-333-8877 | MealsEtc.org

Covers a wide range of essential services in the Seminole County area, including providing meals through congregate dining sites and home delivery. Transportation services help seniors shop and keep their medical appointments, while in-home assistance ensures cleaner, safer homes.

Adult Day Programs

Share the Care

407-423-5311 | [HelpForCaregivers.org](https://www.HelpForCaregivers.org)

Specializes in adult day care and respite care for cognitively impaired adults with dementia and other memory issues who reside in Orange and Seminole counties. Support groups and other resources are also available. Some programs have age and eligibility requirements.

Easter Seals Day Break at the Miller Center

407-629-4565

Easter Seals Day Break is an adult day care program offering a safe and stimulating environment for older adults and adults with disabilities or special needs. Services are accessible for those aged 18 years and older. Easter Seals programs service adults experiencing a decrease in physical, mental or social functioning, providing peace of mind for caregivers.

Transportation

Go Go Grandparent

855-GOGO-USA / 855-464-6872

[GoGoGrandparent.com](https://www.GoGoGrandparent.com)

A senior-friendly car service where you can call an operator to schedule pick-ups and drop-offs.

ACCESS Lynx

407-423-TRIP (8747) | [GoLynx.com](https://www.GoLynx.com)

This is a shared-ride, door-to-door transportation service for individuals who meet eligibility guidelines and are not able to use the fixed-route bus service because of a disability or other limitations.

ITN Orlando

407-900-7572 | [ITNOrlando.org](https://www.ITNOrlando.org)

ITN Orlando offers door-to-door transportation services to seniors 60 and older, as well as individuals who are visually impaired. Transportation is provided in private vehicles, 24 hours a day, 7 days a week, within the coverage area. A membership is required.

Legal Resources

State of Florida Senior Legal Helpline

888-895-7873

The Senior Legal Helpline provides free legal advice and brief services by telephone appointment to eligible Florida residents aged 60 and older, for civil (not criminal) legal problems. The helpline also makes referrals to state and local regulatory agencies and, when court representation is necessary, helps seniors find legal providers in their communities.

Older Floridians Legal Assistance Programs, via Elder helpline

800-963-5337

Per Title III of the Older Americans Act, this initiative makes funds available specifically for legal assistance to those aged 60 years of age and older. Resources are limited, so the programs target services to seniors with the greatest economic and social need.

Legal Aid Societies

Orange County: 407-841-8310

Seminole County: 407-834-1660

Provides quality legal services for low-income residents, the working poor, children and disadvantaged groups with special legal needs.

Florida Bar

850-561-5600 | [FlaBar.org](https://www.FlaBar.org)

Certified Elder Law Practitioners are attorneys certified by the Florida Bar in "elder law." They can be located on the Bar's website. You may also call the Florida Bar and ask for the certification staff. Certification is not required to practice elder law.

Resources for Alzheimer's and Dementia

Alzheimer's Association

800-272-3900 | [Alz.org](https://www.Alz.org)

The Alzheimer's Association works on a global, national and local level to enhance care and support for all those affected by Alzheimer's and other forms of dementia. They provide extensive information on educational and community resources and support groups.

ALZ Connected

[AlzConnected.org](https://www.AlzConnected.org)

This great resource for caregivers has message boards and chat rooms that provide a virtual online community for those with Alzheimer's disease, caregivers and care providers. Message boards have thousands of registered members from across the United States and can be viewed 24 hours a day.

Alzheimer's & Dementia Resource Center

407-843-1910 | [ADRCCares.org](https://www.ADRCCares.org)

Another excellent resource for caregivers, ADRC provides caregivers of persons with Alzheimer's disease or related dementias with the support, guidance and resources needed to help cope with the daily challenges they face and help them to better care for their loved ones

The Florida Brain Bank
407-843-1910

ElderAffairs.state.fl.us/doea/BrainBank

The Florida Brain Bank is a program whose purpose is to study the brains of individuals with progressive dementia, provide families with a definitive diagnosis, and acquire brain tissue for research.

Special Needs Shelters, Disaster Preparedness & Emergency Management

Special Needs Shelters

FloridaDisaster.org/counties

Special Needs Shelters is a registry developed to allow Florida residents with special needs to register with their local emergency management agency to receive assistance during a disaster or other emergency. Once you are registered, you or your health care representative should renew your application every year.

Department of Elder Affairs Disaster Preparedness Guide (Florida)

http://elderaffairs.state.fl.us/doea/eu/2018/Disaster_Guide_2018_english.pdf

Brevard County

<http://www.brevardfl.gov/EmergencyManagement/Preparedness>

Emergency Management Office: 321-633-1738
Special Needs Registry: 321-637-6670

Hernando County*

<http://www.hernandocounty.us/departments/departments-a-e/emergency-management>

Emergency Management Office: 352-754-4083
Special Needs Registry: 352-754-4083

Lake County*

https://www.lakecountyfl.gov/offices/emergency_management/special_needs_program.aspx

Emergency Management Office: 352-343-9420
Special Needs Registry: 352-343-9420

Orange County*

<http://www.orangecountyfl.net/EmergencySafety/DisasterPreparedness.aspx#.Wyp03OSWyM8>

Emergency Management Office: 407-836-9140
Special Needs Registry: 407-836-9319

Osceola County

<http://www.osceola.org/agencies-departments/emergency-management/>

Emergency Management Office: 407-742-9000
Special Needs Registry: 407-742-9000

Polk County*

<https://www.polk-county.net/emergency-management/disaster-preparedness>

Citizens' Information Line: 863-401-2234 or 866-661-0228
Special Needs Registry: 863-298-7027

Seminole County*

<http://www.seminolecountyfl.gov/departments-services/county-managers-office/prepare-seminole-make-a-plan/special-needs-plan.shtml>

Emergency Management Office: 407-665-5102
Citizens' Information Line: 407-665-0311 or dial 311
Special Needs Registry: 407-665-5102

Sumter County*

<http://sumtercountyfl.gov/718/Emergency-Management>

Emergency Management Office: 352-689-4400
Citizens' Information Line: 352-569-3190
Special Needs Registry: 352-569-1660

Volusia County

<https://www.volusia.org/services/public-protection/emergency-management/>

Emergency Management Office: 386-254-1500
Special Needs Registry: 386-254-1500

**As designated by the state of Florida, AdventHealth's Maturing Minds Program provides education and support in these six counties.*

LEARN MORE AHMaturingMinds.com

AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.

